

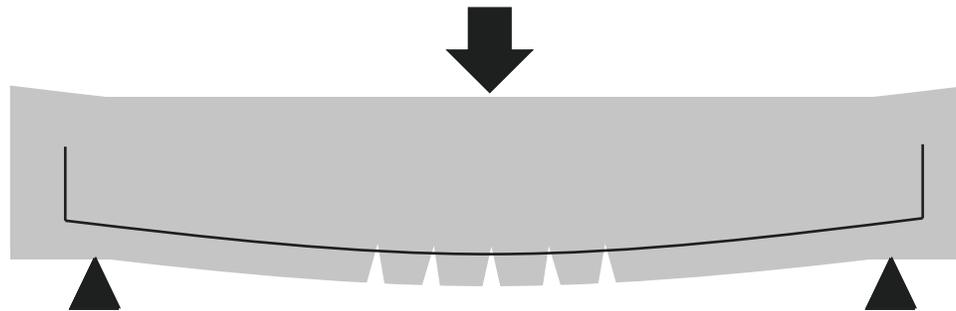
# Post-tensioning method for Prestressed Fiber-Reinforced Vitrimers Laminates

L. Carreras, D. Sánchez-Rodríguez, P. Maimí, A. Ruiz de Luzuriaga, J. Farjas, A. Rekondo and J. Costa



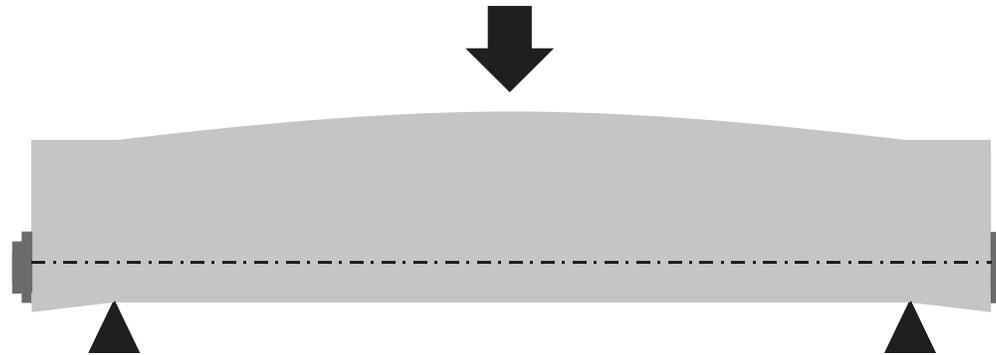
# Prestressed concrete: a revolutionary invention

Reinforced concrete



# Prestressed concrete: a revolutionary invention

Prestressed concrete



# The Role of Prestressing in Fiber Reinforced Polymer Composites

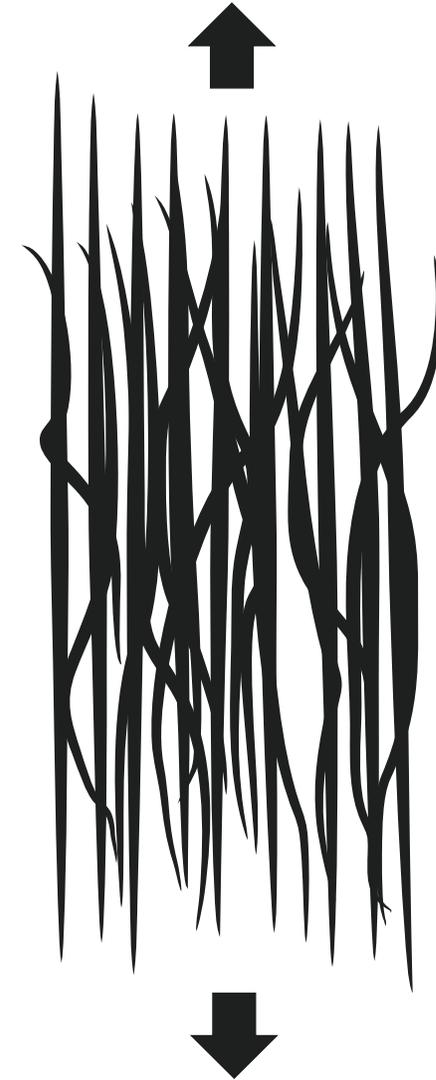
43 available studies related to fibre pre-tension methods from its first appearance at 1968 by Zhigun to the review done by Mostafa in 2017.

Reference	Research area	Prestress technique	Materials	Main finding(s)
Zhigun <sup>111</sup>	Tension and compression test (EFPFMCs)	Tightening nuts on the ends of the tensioning	Plain-weave glass fabric/phenol-formal-	Elastic properties were improved up to 31%
Scherf and Wagner <sup>64</sup>	Tensile properties (EFPFMCs)	Dead weights	Single carbon fibers/	Interfacial shear stresses increased
Mills and Dawkys <sup>72</sup>	Tensile strength (EFPFMCs)	Hydraulic cylinder	Granite fibre/epoxy	Warning or buckling was
Brown <sup>73</sup>	Tensile strength, El modulus (EFPFMC)	Hydraulic cylinder	Granite fibre/epoxy	Warning or buckling was
Chi and Chou <sup>74</sup>	Tensile strength (EFPFMCs)	Hydraulic cylinder	Granite fibre/epoxy	Warning or buckling was
Tuttle <sup>67</sup>	Mechanical/ therm analysis of prestre composites lamina (EFPFMCs)	Hydraulic cylinder	Granite fibre/epoxy	Warning or buckling was
Jorge et al. <sup>113</sup>	Tensile properties (EFPFMCs)	Hydraulic cylinder	Granite fibre/epoxy	Warning or buckling was
Sui et al. <sup>117</sup>	Tensile properties (EFPFMCs)	Hydraulic cylinder	Granite fibre/epoxy	Warning or buckling was
Schulte and Marissen <sup>106</sup>	Tension properties transverse crack di ity (VEFPFMCs)	Hydraulic cylinder	Granite fibre/epoxy	Warning or buckling was
Motahhari and Cameron <sup>14</sup>	Flexural properties (EFPFMCs)	Hydraulic cylinder	Granite fibre/epoxy	Warning or buckling was
Krishnamurthy <sup>7,120</sup>	Tensile, compressive and fatigue (experimental and analytical) (EFPFMCs)	Hydraulic cylinder	Granite fibre/epoxy	Warning or buckling was
Sadiq <sup>104</sup>	Tensile, flexural and interfacial shear properties (EFPFMCs)	Hydraulic cylinder	Granite fibre/epoxy	Warning or buckling was
Cui et al. <sup>100</sup>	Flexural properties (VEFPFMCs)	Not mentioned	Bamboo slivers-poplar veneer strands (weight)	The modulus of rupture and modulus of elasticity of prestressed bamboo slivers
Fazal and Fancy <sup>90</sup>	Impact (Charpy) and flexural properties (VEFPFMCs)	Bespoke vertical stretching rig (only for nylon fibre)	Hybrid unidirectional nylon 6.6 and Kevlar-29 fibres/polyester resin Fibre V <sub>f</sub> = 4.5% (3.3% nylon with 1.2% Kevlar fibres)	The absorbed impact energy was increased up to 33%. The increase in the flexural modulus was ~40%
Pang and Fancy <sup>92</sup>	Impact properties (Charpy) (VEFPFMCs)	Bespoke vertical stretching rig	Unidirectional nylon 6.6 fibre/polyester resin Fibre V <sub>f</sub> = 2.2%	The increase in the absorbed impact energy was ~40%. No deterioration in the acquired improvement was detected over a time-scale of ~25 years at 50 °C
Fancy and Fazal <sup>70</sup>	Impact properties (Charpy) (VEFPFMCs)	Bespoke vertical stretching rig	Unidirectional nylon 6.6 fibre/polyester resin Fibre V <sub>f</sub> = 2.2%	The increase in the absorbed impact energy was ~40%. No deterioration in the acquired improvement was detected over a time-scale of ~25 years at 50 °C
Zaidi et al. <sup>77</sup>	Tensile and flexural properties (EFPFMCs)	Screw tensioning frame	Flax yarn/polyester resin Fibre W <sub>f</sub> = 50%	Fibre pretension could increase fibre-backing density and improve fibre alignment. Tensile strength and tensile modulus improved by 15% and 36% due to applying 0.03 prestrain, respectively. Flexural strength and flexural modulus improved by 34% and 26% due to applying 0.03 prestrain, respectively
Mostafa et al. <sup>1</sup>	Flexural properties (EFPFMCs)	Biaxial loading frame with hydraulic cylinder	Plain-weave E-glass fabric/polyester resin Fibre W <sub>f</sub> = 16%	Prestressing improved the flexural properties by ~16% at 50 MPa optimum equi-biaxial fabric prestressing. Testing the samples at different off-axis orientation angles exhibited a reduction in the percentage improvement with increasing the fabric orientation angle towards the bias direction. A relatively low regression, less than 6%, in the flexural properties of the pre-stressed composite was indicated after 3 months of composite lifetime due to matrix creep
Fazal and Fancy <sup>91</sup>	Impact properties (Charpy) (VEFPFMCs)	Biaxial loading frame with hydraulic cylinder	Plain-weave E-glass fabric/polyester resin Fibre V <sub>f</sub> = 11%	The optimum level of equi-biaxial fabric prestress was 50 MPa when testing the samples under quasi-static tensile and tension-tension fatigue loading. Maximum increase in the fatigue life of the prestressed samples was 43% when compared with non-prestressed counterparts. The prestressed samples showed an improvement in their fatigue life when subjected to low or intermediate stress fatigue loading. The advantages of employing fabric prestressing was decreased gradually with increasing the off-axis fabric orientation angle from 0 to 45° relative to warp direction
Nishi et al. <sup>114</sup>	Impact properties (Charpy) (EFPFMCs)	Biaxial loading frame with hydraulic cylinder	Plain-weave E-glass fabric/polyester resin Fibre V <sub>f</sub> = 11%	The optimum level of equi-biaxial fabric prestress was 50 MPa when testing the samples under quasi-static tensile and tension-tension fatigue loading. Maximum increase in the fatigue life of the prestressed samples was 43% when compared with non-prestressed counterparts. The prestressed samples showed an improvement in their fatigue life when subjected to low or intermediate stress fatigue loading. The advantages of employing fabric prestressing was decreased gradually with increasing the off-axis fabric orientation angle from 0 to 45° relative to warp direction
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Pang and Fancy <sup>95</sup>	Impact properties (Charpy) long-term viscoelastic recover of nylon 6.6 fibres (VEFPFMCs)	Biaxial loading frame with hydraulic cylinder	Plain-weave E-glass fabric/polyester resin Fibre V <sub>f</sub> = 11%	The optimum level of equi-biaxial fabric prestress was 50 MPa when testing the samples under quasi-static tensile and tension-tension fatigue loading. Maximum increase in the fatigue life of the prestressed samples was 43% when compared with non-prestressed counterparts. The prestressed samples showed an improvement in their fatigue life when subjected to low or intermediate stress fatigue loading. The advantages of employing fabric prestressing was decreased gradually with increasing the off-axis fabric orientation angle from 0 to 45° relative to warp direction
Belampiene et al. <sup>80</sup>	Tensile properties (EFPFMCs)	Biaxial loading frame with hydraulic cylinder	Plain-weave E-glass fabric/polyester resin Fibre V <sub>f</sub> = 11%	The optimum level of equi-biaxial fabric prestress was 50 MPa when testing the samples under quasi-static tensile and tension-tension fatigue loading. Maximum increase in the fatigue life of the prestressed samples was 43% when compared with non-prestressed counterparts. The prestressed samples showed an improvement in their fatigue life when subjected to low or intermediate stress fatigue loading. The advantages of employing fabric prestressing was decreased gradually with increasing the off-axis fabric orientation angle from 0 to 45° relative to warp direction
Hadi and Ashton <sup>102</sup>	Tensile properties (EFPFMCs)	Biaxial loading frame with hydraulic cylinder	Plain-weave E-glass fabric/polyester resin Fibre V <sub>f</sub> = 11%	The optimum level of equi-biaxial fabric prestress was 50 MPa when testing the samples under quasi-static tensile and tension-tension fatigue loading. Maximum increase in the fatigue life of the prestressed samples was 43% when compared with non-prestressed counterparts. The prestressed samples showed an improvement in their fatigue life when subjected to low or intermediate stress fatigue loading. The advantages of employing fabric prestressing was decreased gradually with increasing the off-axis fabric orientation angle from 0 to 45° relative to warp direction
Zhao and Cameron <sup>99</sup>	Tensile properties (EFPFMCs)	Biaxial loading frame with hydraulic cylinder	Plain-weave E-glass fabric/polyester resin Fibre V <sub>f</sub> = 11%	The optimum level of equi-biaxial fabric prestress was 50 MPa when testing the samples under quasi-static tensile and tension-tension fatigue loading. Maximum increase in the fatigue life of the prestressed samples was 43% when compared with non-prestressed counterparts. The prestressed samples showed an improvement in their fatigue life when subjected to low or intermediate stress fatigue loading. The advantages of employing fabric prestressing was decreased gradually with increasing the off-axis fabric orientation angle from 0 to 45° relative to warp direction
Jevons et al. <sup>119</sup>	Low velocity impact (dropped weight) (EFPFMCs)	Biaxial loading frame with hydraulic cylinder	Plain-weave E-glass fabric/polyester resin Fibre V <sub>f</sub> = 11%	The optimum level of equi-biaxial fabric prestress was 50 MPa when testing the samples under quasi-static tensile and tension-tension fatigue loading. Maximum increase in the fatigue life of the prestressed samples was 43% when compared with non-prestressed counterparts. The prestressed samples showed an improvement in their fatigue life when subjected to low or intermediate stress fatigue loading. The advantages of employing fabric prestressing was decreased gradually with increasing the off-axis fabric orientation angle from 0 to 45° relative to warp direction
Sivorov and Dvorak <sup>118</sup>	Free edge stresses in the composite laminates and the plies (EFPFMCs)	Biaxial loading frame with hydraulic cylinder	Plain-weave E-glass fabric/polyester resin Fibre V <sub>f</sub> = 11%	The optimum level of equi-biaxial fabric prestress was 50 MPa when testing the samples under quasi-static tensile and tension-tension fatigue loading. Maximum increase in the fatigue life of the prestressed samples was 43% when compared with non-prestressed counterparts. The prestressed samples showed an improvement in their fatigue life when subjected to low or intermediate stress fatigue loading. The advantages of employing fabric prestressing was decreased gradually with increasing the off-axis fabric orientation angle from 0 to 45° relative to warp direction
Dvorak and Sivorov <sup>85,2000</sup>	Damage envelope (first ply failure) (EFPFMCs)	Biaxial loading frame with hydraulic cylinder	Plain-weave E-glass fabric/polyester resin Fibre V <sub>f</sub> = 11%	The optimum level of equi-biaxial fabric prestress was 50 MPa when testing the samples under quasi-static tensile and tension-tension fatigue loading. Maximum increase in the fatigue life of the prestressed samples was 43% when compared with non-prestressed counterparts. The prestressed samples showed an improvement in their fatigue life when subjected to low or intermediate stress fatigue loading. The advantages of employing fabric prestressing was decreased gradually with increasing the off-axis fabric orientation angle from 0 to 45° relative to warp direction
Motahhari and Cameron <sup>115,1997</sup>	Impact properties (Charpy) (VEFPFMCs)	Biaxial loading frame with hydraulic cylinder	Plain-weave E-glass fabric/polyester resin Fibre V <sub>f</sub> = 11%	The optimum level of equi-biaxial fabric prestress was 50 MPa when testing the samples under quasi-static tensile and tension-tension fatigue loading. Maximum increase in the fatigue life of the prestressed samples was 43% when compared with non-prestressed counterparts. The prestressed samples showed an improvement in their fatigue life when subjected to low or intermediate stress fatigue loading. The advantages of employing fabric prestressing was decreased gradually with increasing the off-axis fabric orientation angle from 0 to 45° relative to warp direction
Fancy <sup>69</sup>	Impact properties (Charpy) (VEFPFMCs)	Biaxial loading frame with hydraulic cylinder	Plain-weave E-glass fabric/polyester resin Fibre V <sub>f</sub> = 11%	The optimum level of equi-biaxial fabric prestress was 50 MPa when testing the samples under quasi-static tensile and tension-tension fatigue loading. Maximum increase in the fatigue life of the prestressed samples was 43% when compared with non-prestressed counterparts. The prestressed samples showed an improvement in their fatigue life when subjected to low or intermediate stress fatigue loading. The advantages of employing fabric prestressing was decreased gradually with increasing the off-axis fabric orientation angle from 0 to 45° relative to warp direction

Zhigun IG. Experimental evaluation of the effect of prestressing the fibers in two directions on certain elastic characteristic of woven-glass reinforced plastics. *Polym Mech* 1968; 4: 691–695.  
Mostafa, N. H., Ismarrubie, Z. N., Sapuan, S. M., & Sultan, M. T. H. (2017). Fibre prestressed polymer-matrix composites: a review. *Journal of Composite Materials*, 51(1), 39-66.

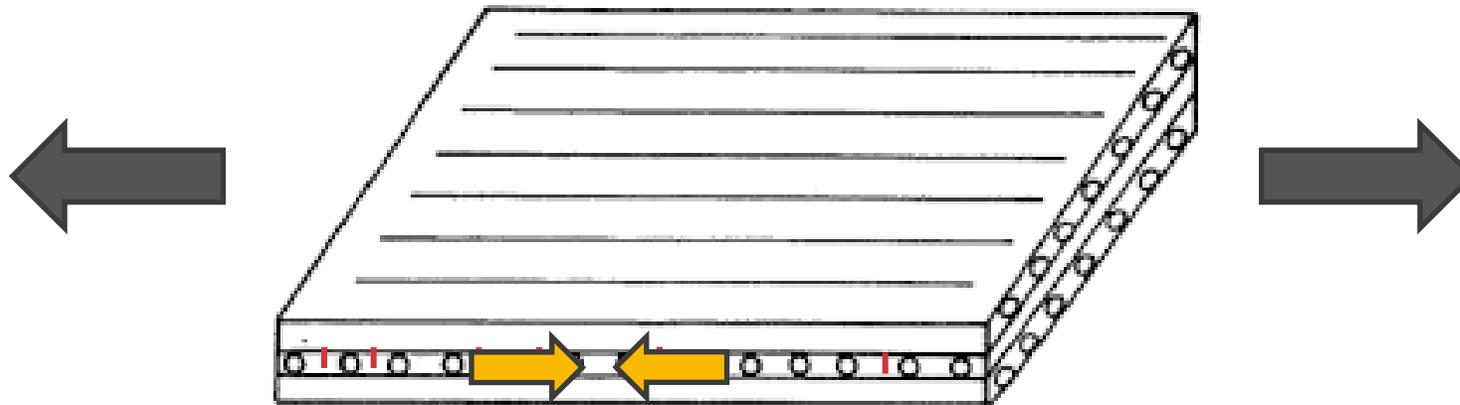
# The Role of Prestressing in Fiber Reinforced Polymer Composites

- Making the fiber yarns to become straighter and tighter

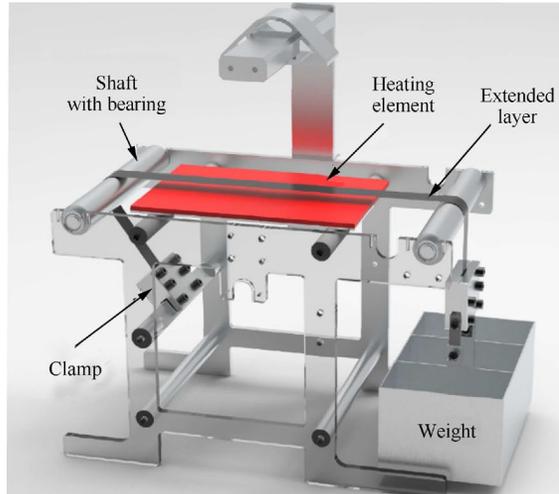


# The Role of Prestressing in Fiber Reinforced Polymer Composites (FRPC)

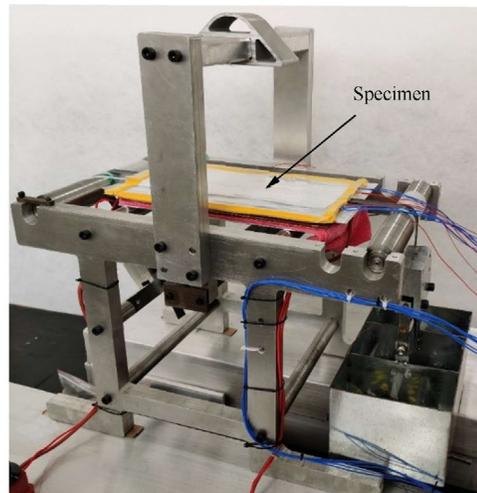
- Making the fiber yarns to become straighter and tighter
- Inducing residual stress “on demand”
  - Making the matrix more resistant to cracks initiation and propagation
  - Minimizing the generated residual stresses during fabrication processes



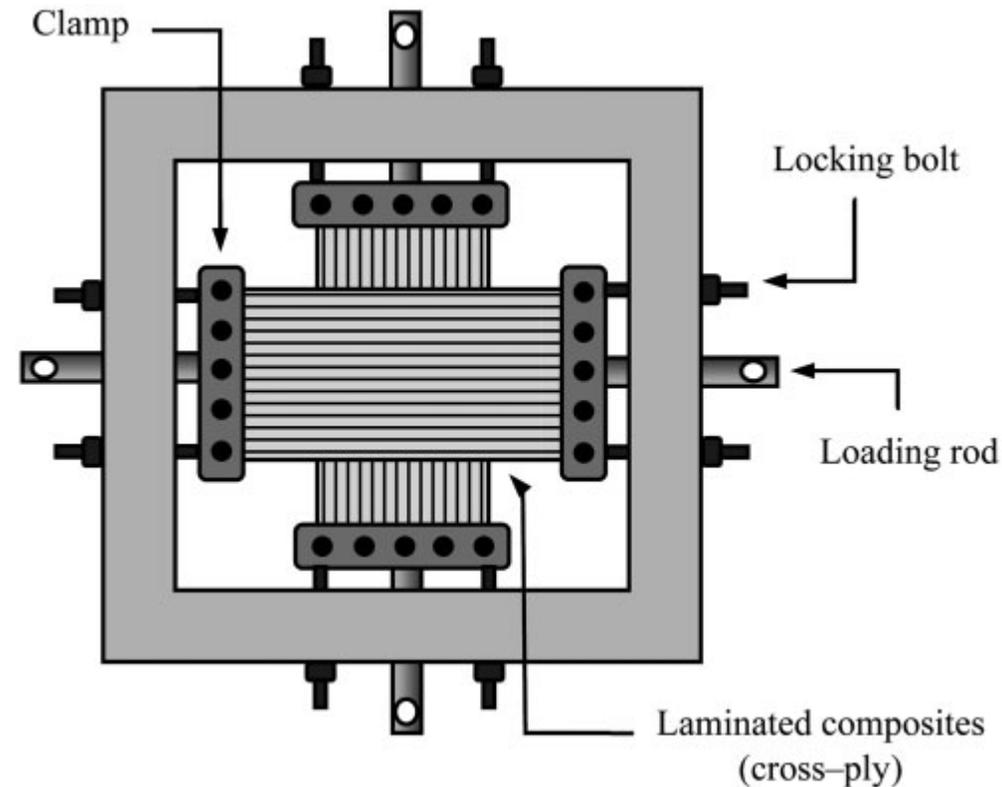
# The Role of Prestressing in Fiber Reinforced Polymer Composites



(a) Prestress loading frame



(b) Experimental setups

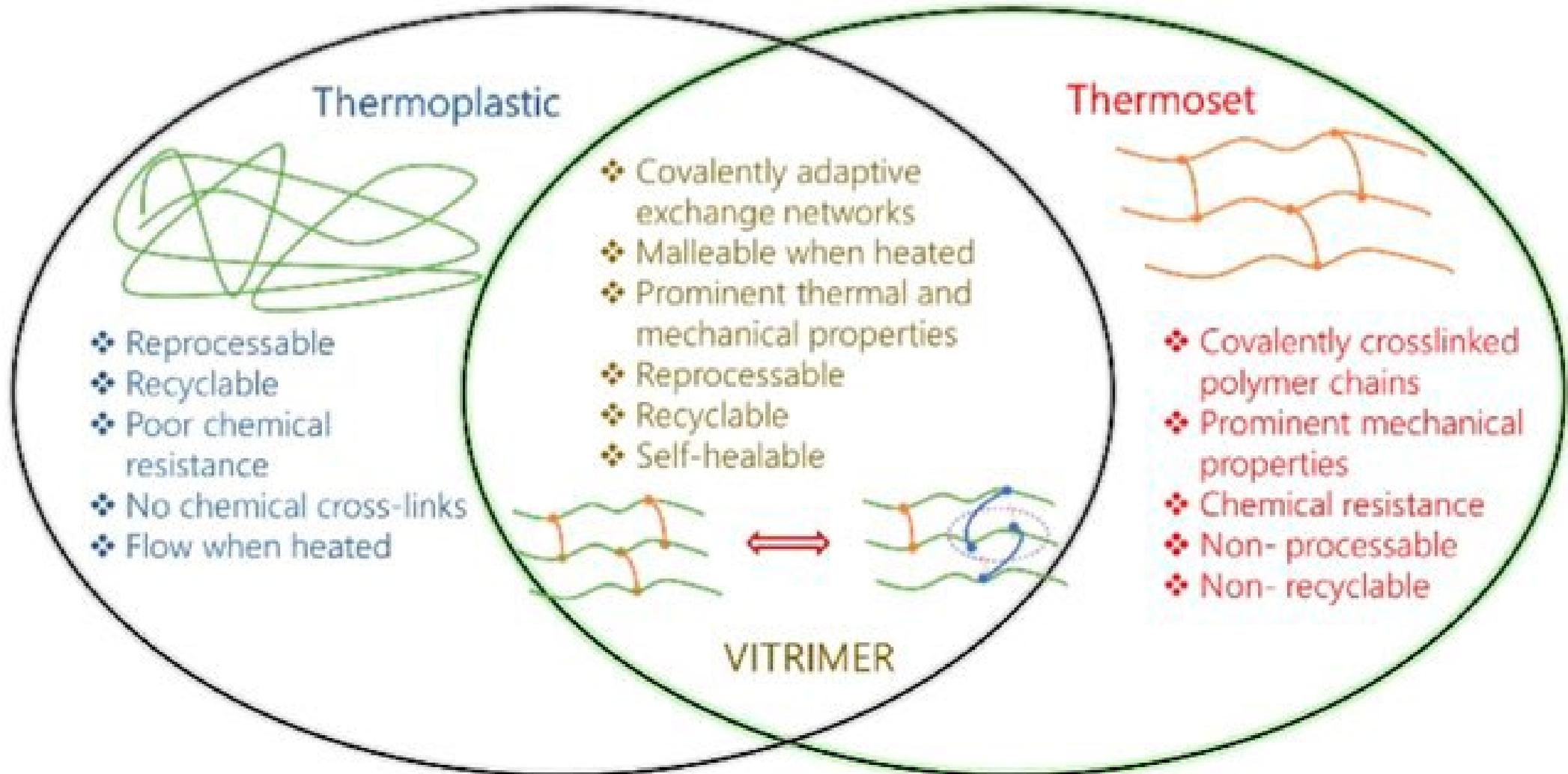


requires a method to apply tensile force to the reinforcement during matrix curing, which hinges on the feasibility of incorporating the appropriate mechanism or apparatus.

Zhendong, L. I. U., Zheng, X., Wenjing, F. A. N., Fei, W. A. N. G., Ahmed, S., & Leilei, Y. A. N. (2022). An alternative method to reduce process-induced deformation of CFRP by introducing prestresses. *Chinese Journal of Aeronautics*, 35(8), 314-323.

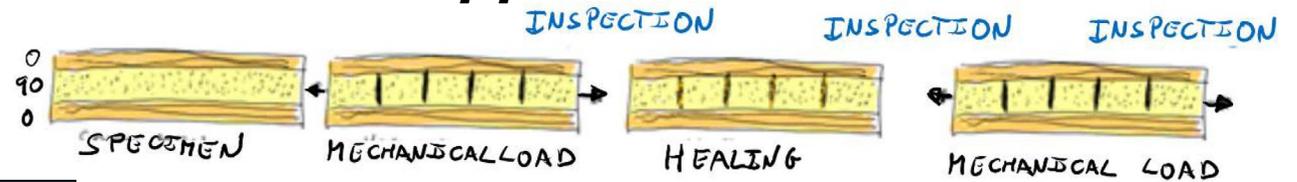
Jevons MP. The effects of fibre pre-stressing on the impact performance of composite laminates. PhD Thesis, Engineering Systems Department, College of Defence Technology, Cranfield University, UK, 2004.

# CAN's: Covalent Adaptable Network



# Exploring vitrimers as novel matrix materials for structural composites

Spanish project (2022-25): *In search of sustainable, bio-based, hybrid, long-fibre reinforced composites for structural applications* - SUBHYCO

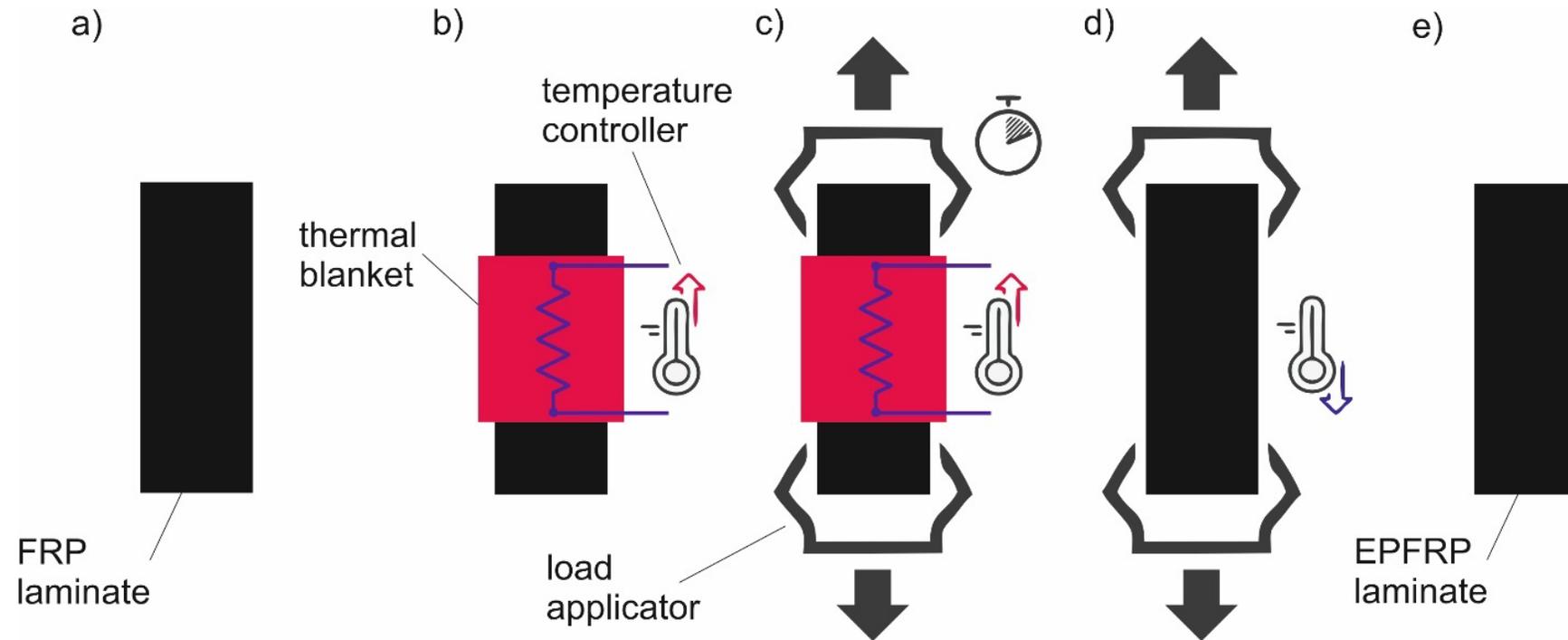


**3R**  
Reprocessing, Repairing,  
Recycling of cured  
laminates

vitrimers

Spanish project (2024-27): *Vitrimeric matrices for mitigating PROcess-induced Stresses in Sustainable composite components* - VIPROSS

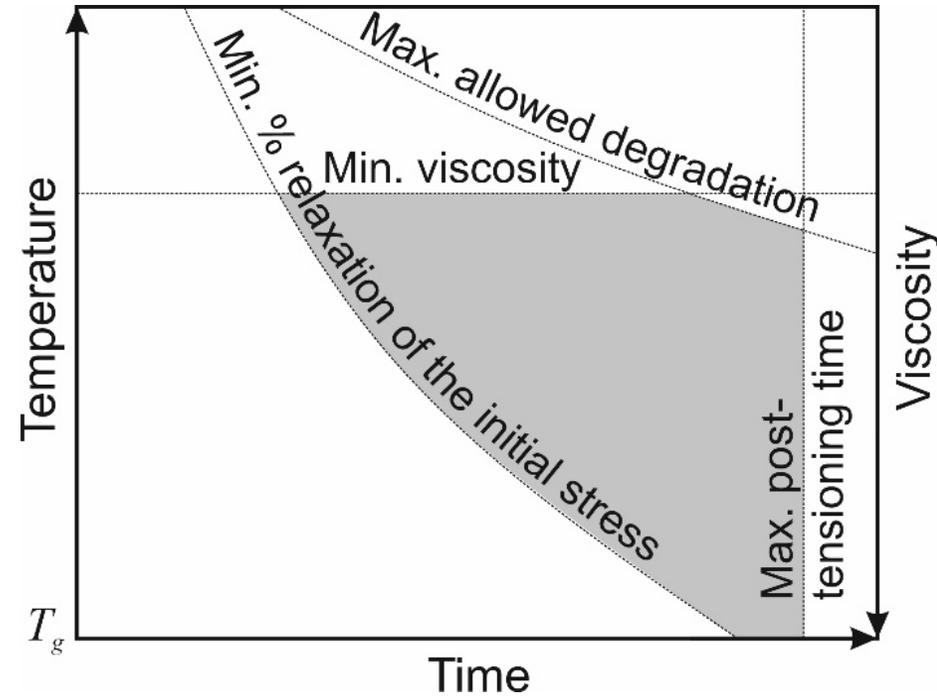
# Post-tensioning method to achieve prestressed FRPC



Five post-tensioning steps to produce an elastically prestressed FRP (EPFRP) laminate:

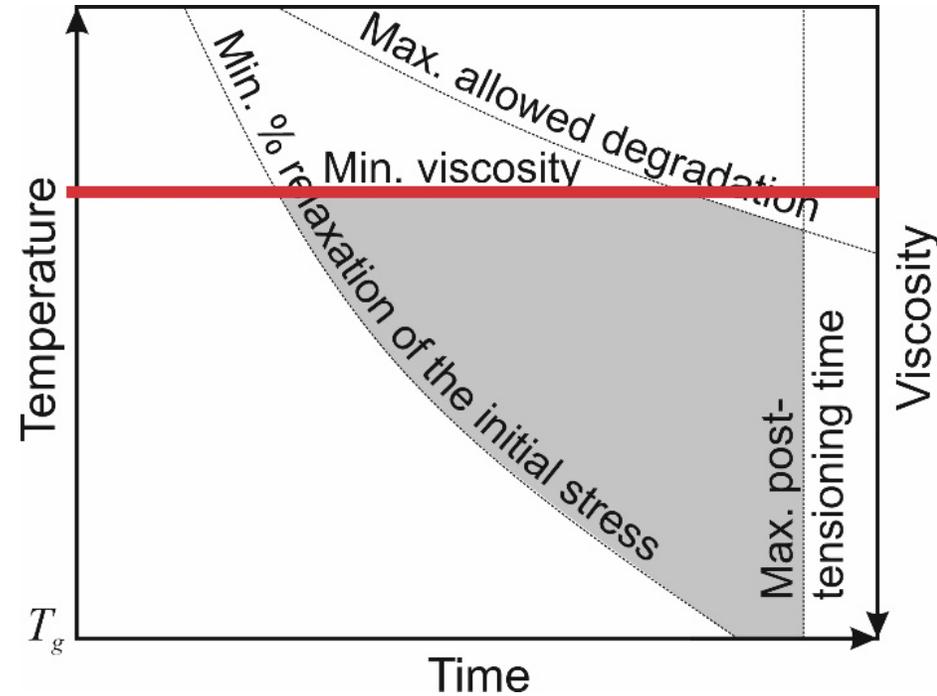
- curing a FRP laminate under standard condition,
- pre-heating to the post-tensioning treatment temperature,
- applying tensile loading and facilitating stress relaxation in the matrix,
- cooling down to room temperature,
- releasing the load.

# Selection of thermal conditions to ensure matrix stress relaxation



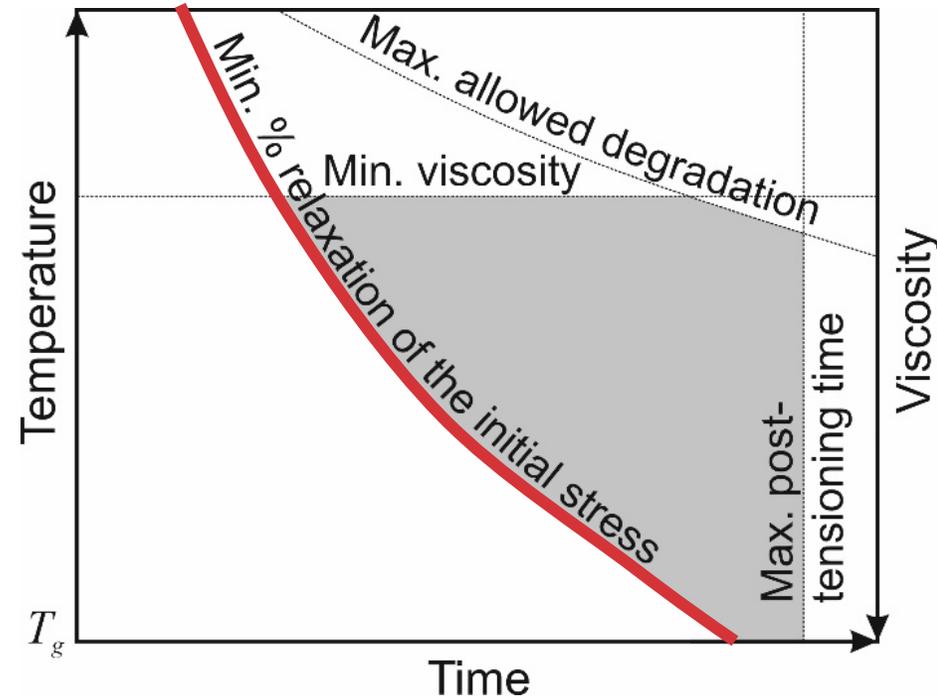
The shaded region denotes the working area delimited by the four process design constraints.

# Selection of thermal conditions to ensure matrix stress relaxation



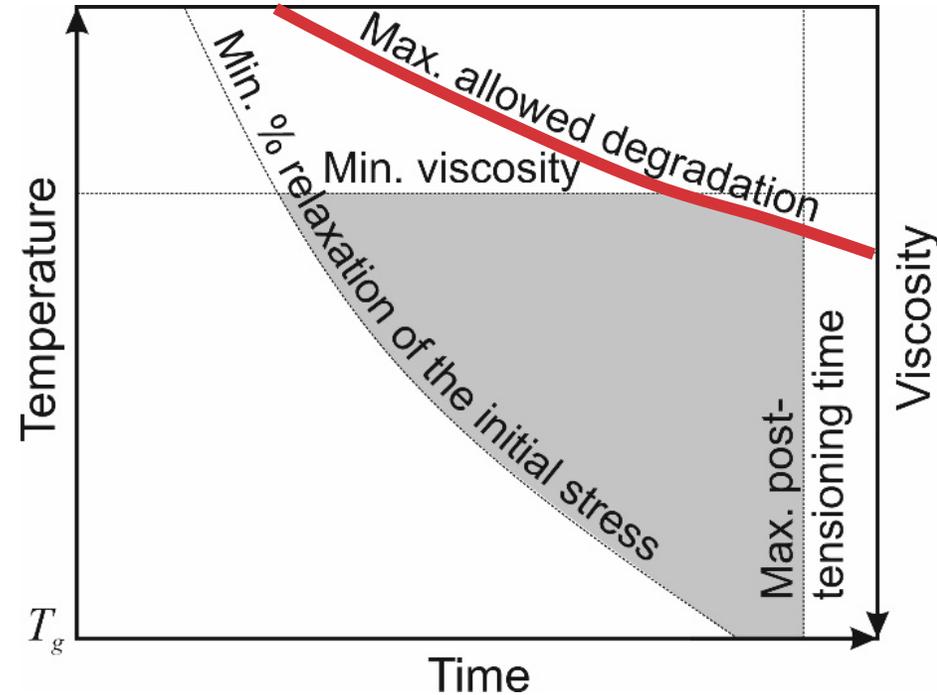
Ensure stress relaxation of the matrix

# Selection of thermal conditions to ensure matrix stress relaxation



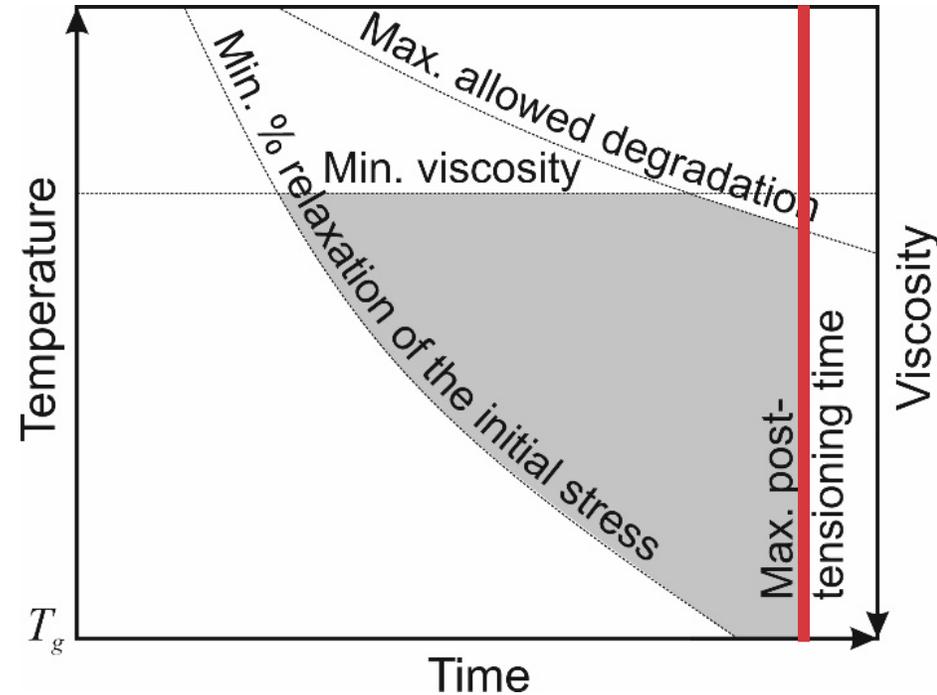
The shaded region denotes the working area delimited by the four process design constraints.

# Selection of thermal conditions to ensure matrix stress relaxation



Thermal degradation can lead to detrimental changes in the properties of post-tensioned polymers. Therefore, the safe post-tensioning treatment requires avoiding degradation

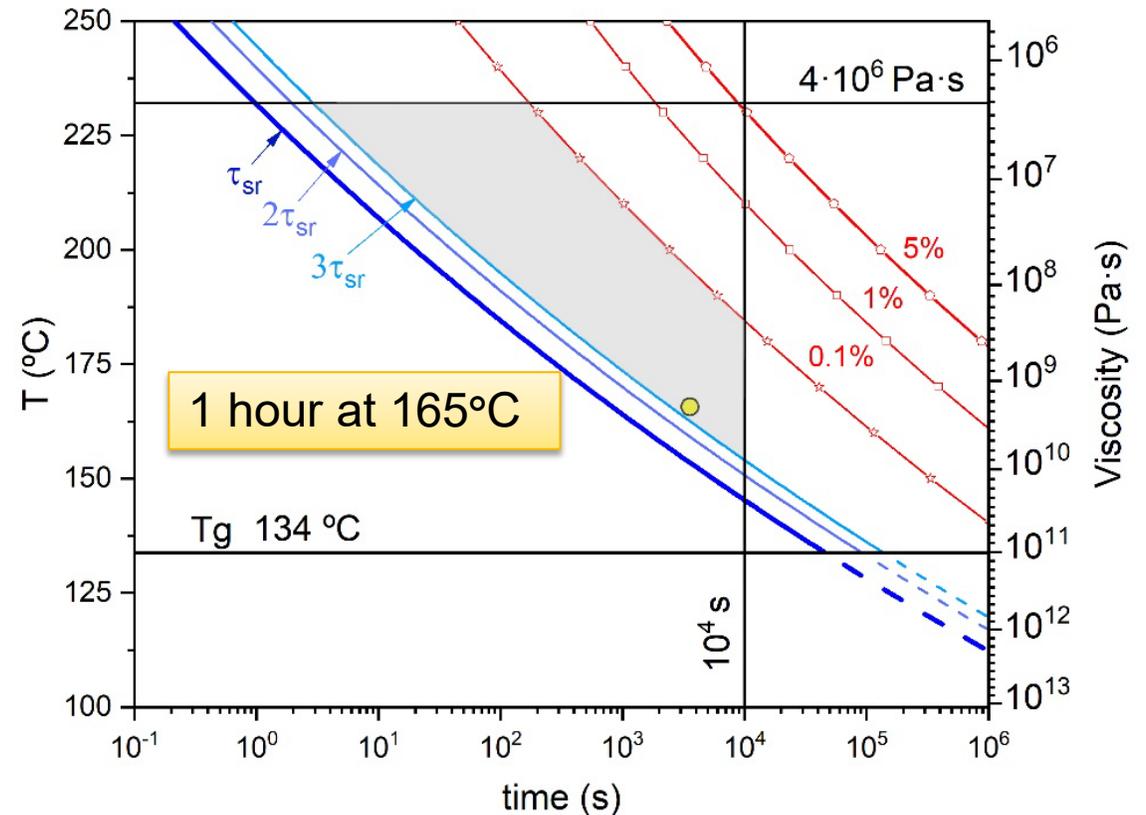
# Selection of thermal conditions to ensure matrix stress relaxation



From an industrial perspective, the duration of the treatment should be restrained to a practical limit to assure that the benefits gained from the improved mechanical properties of the material overcome the cost of the conditioning process

# Selection of thermal conditions to ensure matrix stress relaxation: validation tests

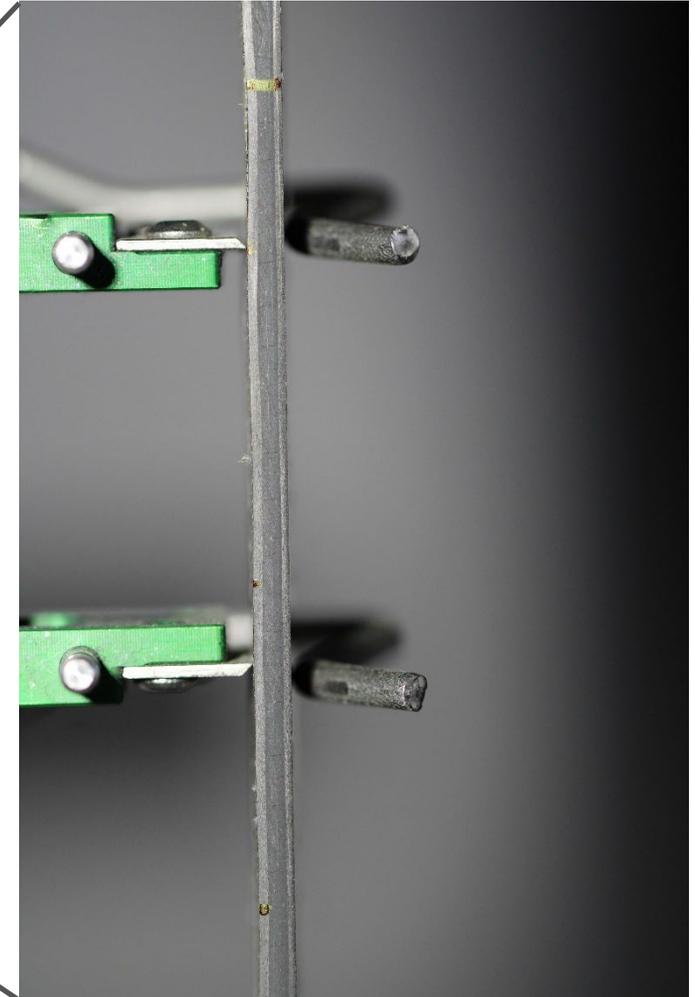
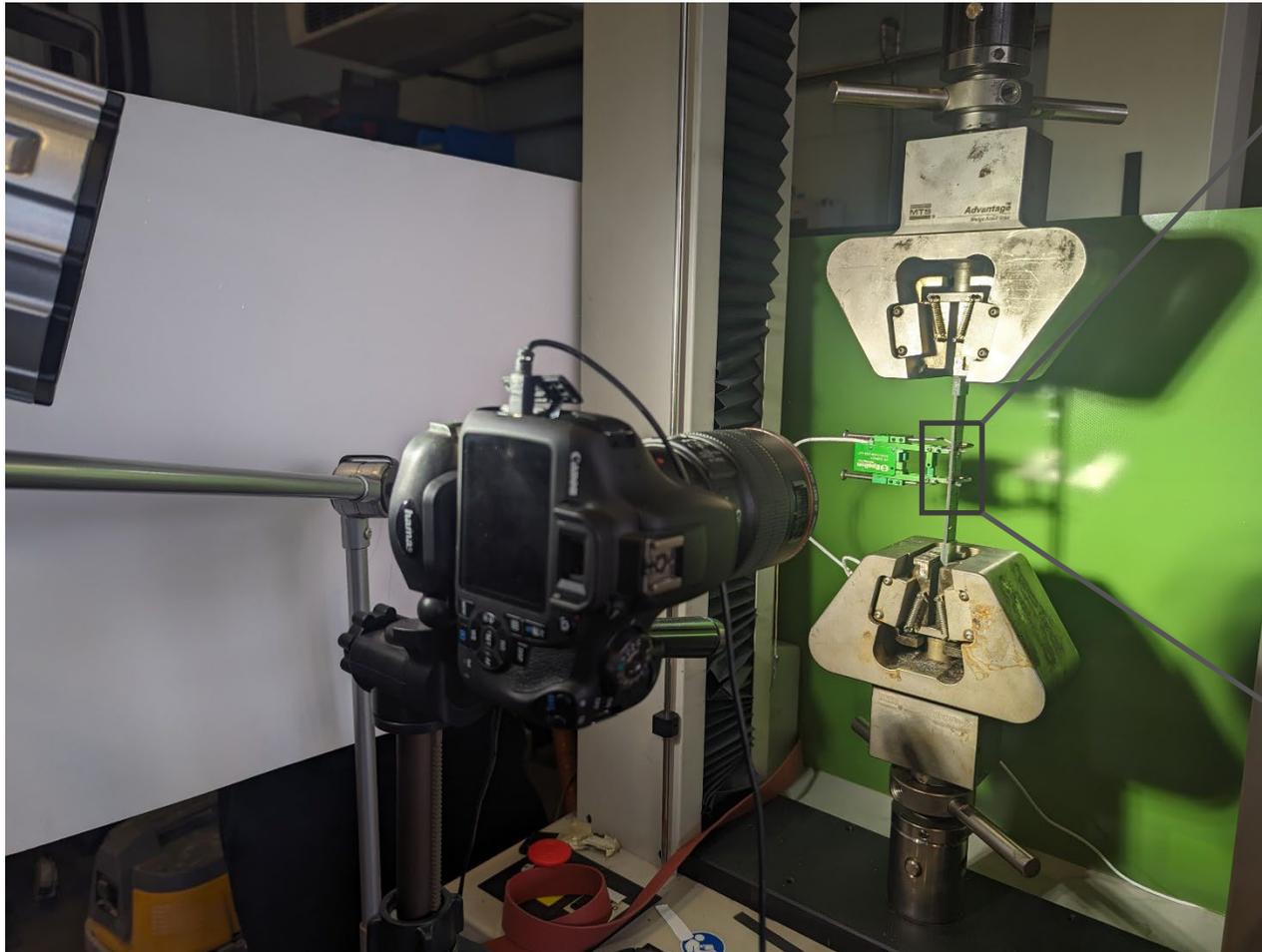
Specimen ID	Constant force applied during conditioning (kN)	Post-tensioning strain (%)
A-Notreat	Non- post-tensioning conditioned	-
B-Notreat	Non- post-tensioning conditioned	-
C-7.5	7.5	0.228
D-7.5	7.5	0.214
E-10	10	0.306
F-10	10	0.296



The shaded region denotes the working area of the validation tests material.

# Tuned residual stress to avoid matrix cracking – Validation experiments

- Real time edge images during post-treatment testing



# Tuned residual stress to avoid matrix cracking – Validation experiments

- Real time edge images during post-treatment testing

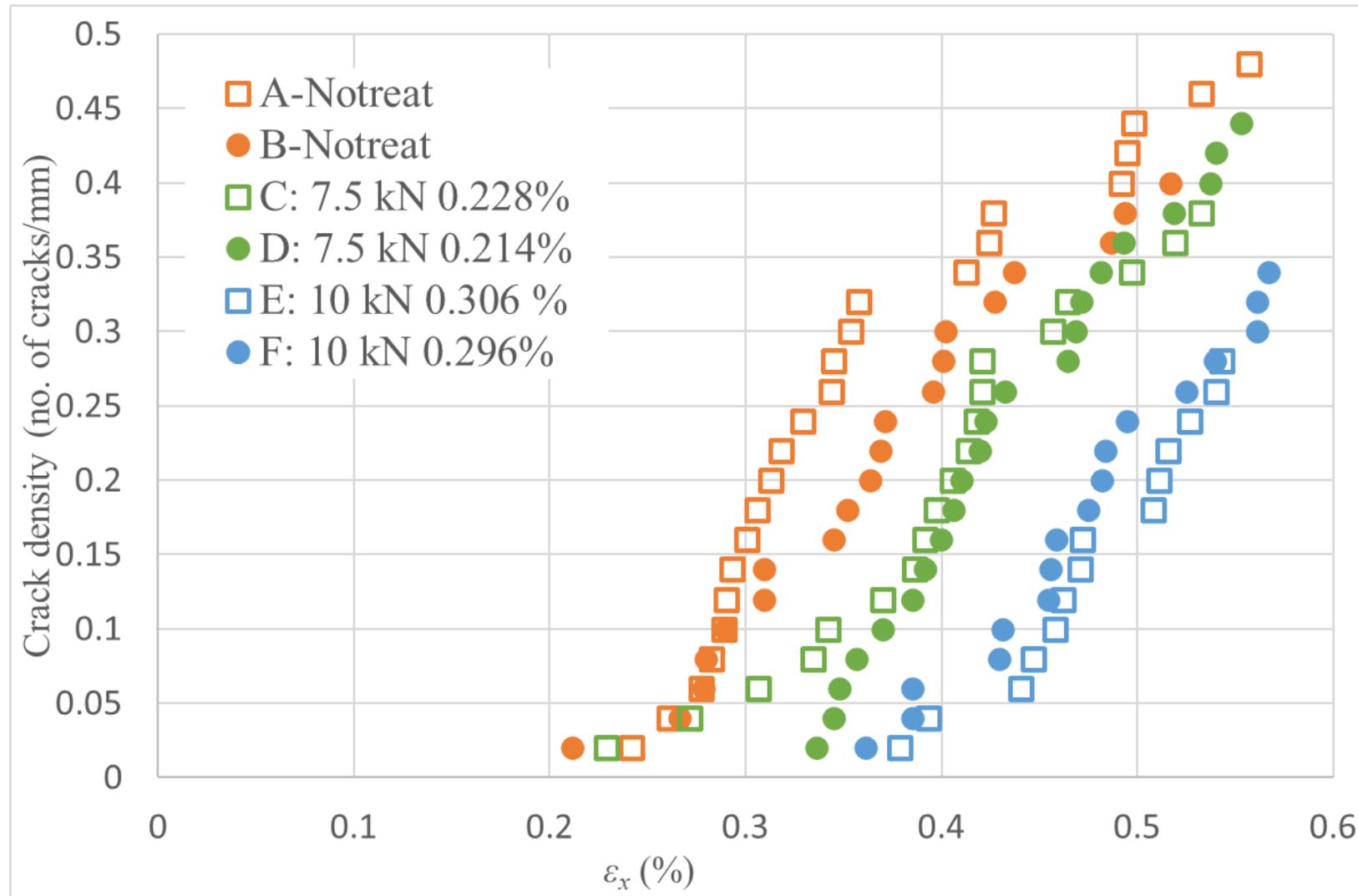


a) Image of the zone of the specimen edge acquired with each picture.

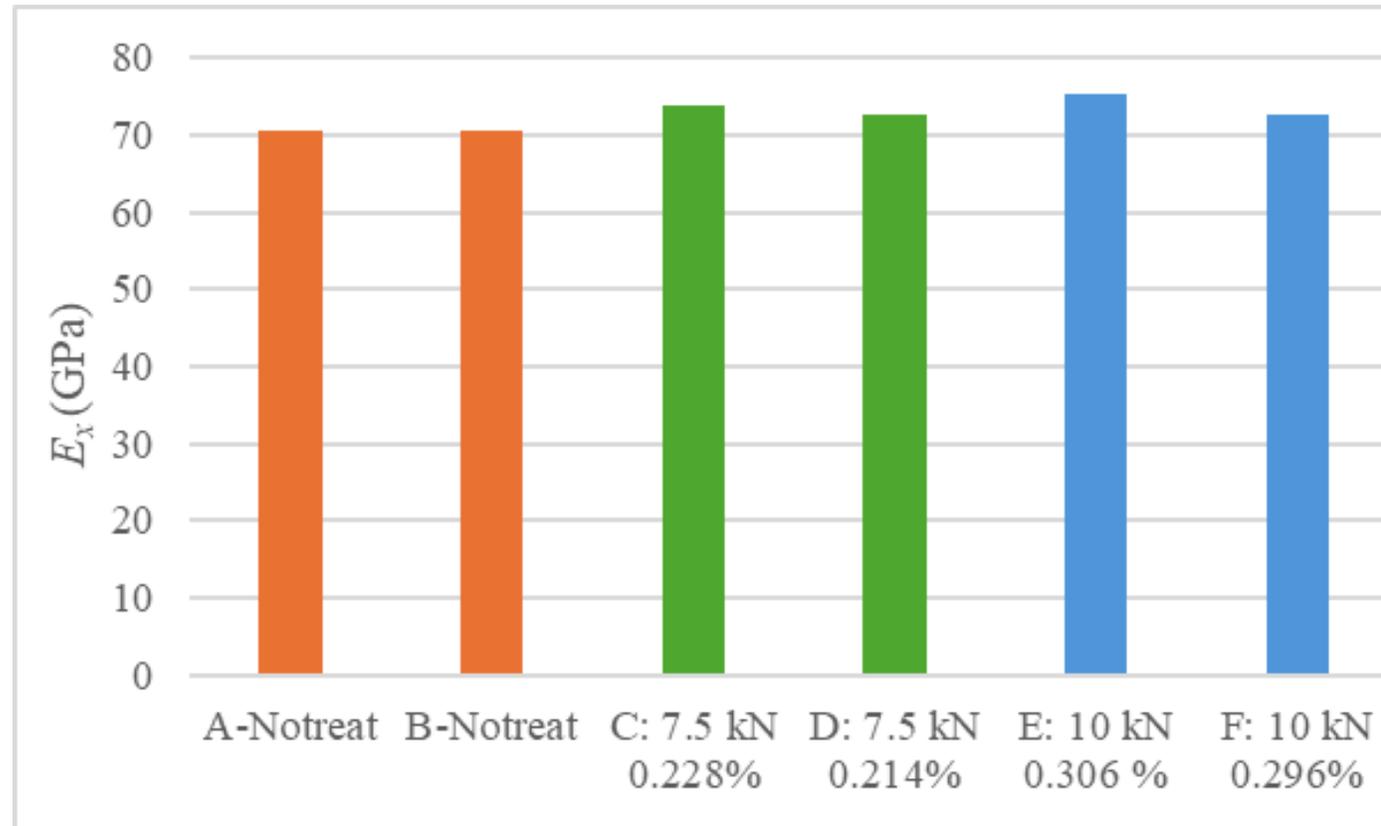


b) Image in full resolution.

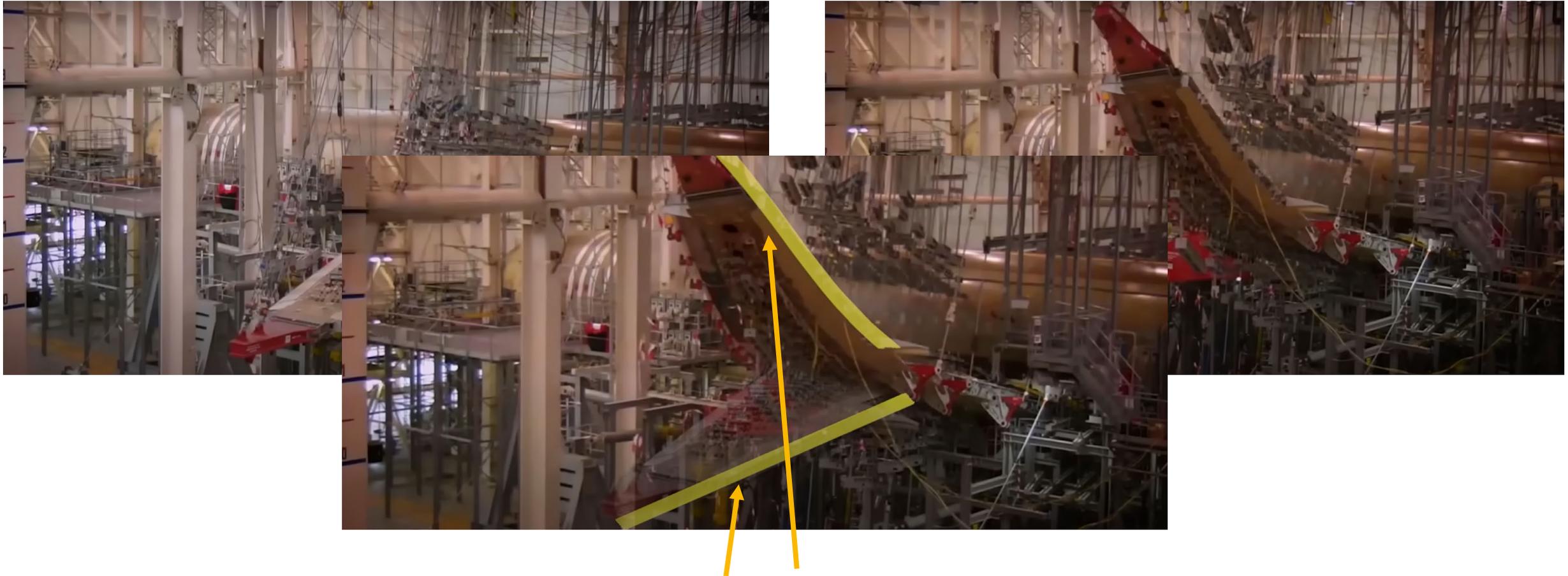
# Tuned residual stress to avoid matrix cracking – Validation experiments



# Tuned residual stress to avoid matrix cracking – Validation experiments

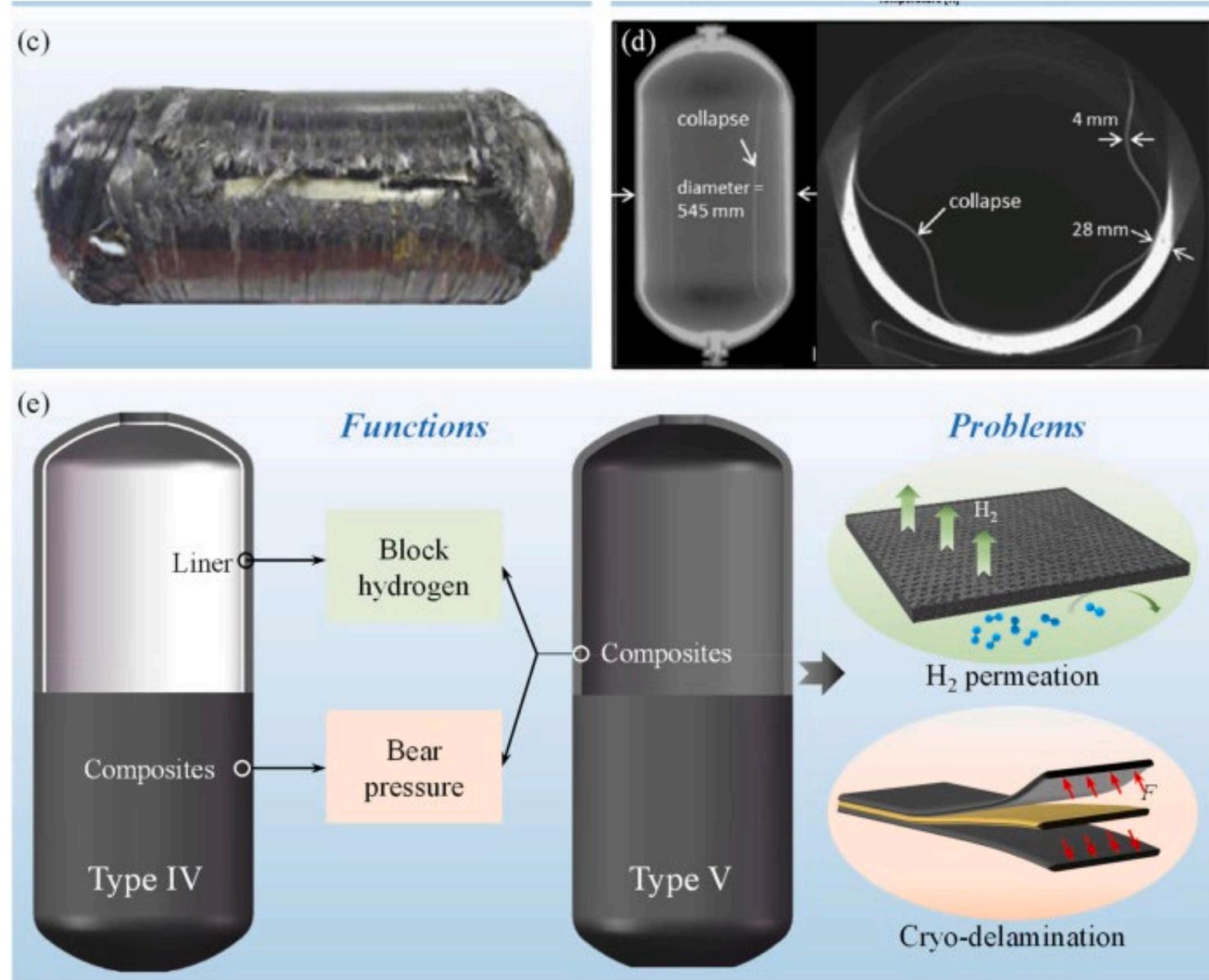


# Discussion: Post-tensioning load application



Multiple stages local heating

# Type V LH2 vessels



# Conclusions

- Prestressing technique that relies on matrices that can relax stress, like vitrimers, which also improve **sustainability by allowing for recycling and repair**.
- **Post-tensioning method** → separates the curing and post-tensioning processes, facilitating laminate production under conventional processing conditions.
- The method has been applied to vitrimeric cross-ply laminate **demonstrating a delay in matrix cracking** with post-tensioning conditioning.
- Potential of prestressing technique to improve the durability composites, especially for applications where matrix cracking and environmental exposure are the main challenges.



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Part of:

